

Introduction to Myofascial Release with **Margaret “Wendy” Arthur, MD**

Wendy went to Medical School at the University of Alabama School of Medicine Birmingham, Alabama and graduated in 1984. Her private practice is Whole Health Access in Homewood, Alabama. She is the Director of Complementary and Holistic Healthcare at Clayton College of Natural Health. She has had many articles published, most recently “Sustained Energy Through Nutrition” in *Massage Magazine* July of 2008. Her certifications include: Myofascial Release Therapy in level I, II, III, unwinding, advanced unwinding, cervical-thoracic, fascial pelvis, rebounding, Women’s Health, skill enhancement session.

Kinesiology and 4 Everyday Complaints with **Karl Keenlyne, B.S., D.C., C.S.C.S**

Karl graduated from Northwestern College of Chiropractic *Minneapolis, Minnesota* in 1997. He has a Bachelor of Science and Human Biology from University of South Dakota and a Certification in Strength and Conditioning from the National Strength and Conditioning Association. His private practice is in Mobile, Alabama at Moffett Road Chiropractic, P.C. Karl has taught Kinesiology at The Mobile Institute of Soft Tissue Therapy, Mobile School Of Massage Therapy and Capps College.

Ethics 101, Ethics - Standard V Roles and Boundaries, Business ~ 20 Easy Steps to Success with **Denise P. Walker, LMT**

Denise has been a Licensed Massage Therapist since 1993. She has been a passionate advocate of the profession from teaching and school owner to being a member of the Alabama Board of Massage Therapy and serving as President of the Alabama Chapter of the AMTA. Denise owns Full Circle Massage Therapy, Inc., a group practice in Mobile, Alabama. She teaches continuing education in Business, Ethics, Body Mechanics, Pregnancy, Deep Tissue and Lemurian Healing.